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September 7, 2012

[Tamayo rides in Town Mountain Hill Climb tonight](#)

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Don't forget to check out the 30th annual Town Mountain Hill Climb Time Trial, which starts **TONIGHT**, that's Friday, Sept. 7, at 6 p.m. at the intersection of Town Mountain Road and College Street in Asheville.



Lauren Tamayo signs autographs

Ski Country Sports and Team Prestige Subaru and Asheville Women's Cycling Club are sponsoring the race, in which our very own Olympic silver medalist Lauren Tamayo, will ride!

The uphill race takes cyclists on a 5-mile climb from the foot of Town Mountain Road to the crest with one flat section midway. After crossing the finish line, riders must coast back down to the start area.

Entry fee is \$15 (there is no late fee, so you still have time to sign up today without a penalty!). A USA Cycling license is required. One-day licenses will be available at registration for \$10. Register at www.active.com or race-day from 4-5:45 p.m.

Start times will be posted at ashevillewomenscycling.com. Riders will be assigned start times on a first to register, last to start basis.

The "Do the Mountain Dew Challenge" offers \$500 to the male (17:50:26) and female (Lauren Tamayo in 2010: 20:43:71) riders who set a new course record.

For more information email awcteam@gmail.com or call Craig Friedrich at Ski Country Sports at 254-2771 or skicoash@bellsouth.net, or visit www.ashevillewomenscycling.com.

Lauren said she is excited to see everyone and is happy to chat with riders or anyone else after her race tonight, so go meet an Olympic silver medalist!

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