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# Olympians Mitchell, Tamayo honored at White House

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Manteo Mitchell competes in the mens 4x400-meter relay heats during the London 2012 Olympic Games. / James Lang-USA TODAY Sports

Written by **Bob Berghaus**

Two Olympians from Western North Carolina were at the White House on Friday.

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Cyclist Lauren Tamayo, of Asheville, and track athlete and former Western Carolina runner Manteo Mitchell were part of a large group of Olympians honored by President Obama and his wife, Michelle, during a ceremony at the White House.

Mitchell, who ran part of his 4 by 400-meter relay qualifying heat with a broken leg, tweeted that he was called out by the president. He later posted a photo of him holding hands with Michelle Obama.

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Mike Tamayo, Lauren's husband, sent an email just after his wife received a hug from the First Lady.

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Mitchell won a silver medal, as did Lauren Tamayo in team pursuit [track cycling](#).



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Lauren Tamayo, left, and teammates display their silver medals for cycling team pursuit during the London Olympics. / AP

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